

فَإِنَّ مَعَ الْعُسْرِ يُسْرًا إِنَّ مَعَ الْعُسْرِ يُسْرًا

So, verily, with every difficulty, there is relief: Verily, with every difficulty there is relief.

Al Inshirah

(The Opening Forth)

In the name of Allah, Most Gracious, Most Merciful

أَلَمْ نَشْرَحْ لَكَ صَدْرَكَ (١)

1. Have We not expanded thee thy breast? --

وَوَضَعْنَا عَنْكَ وِزْرَكَ (٢)

2. And removed from thee thy burden

الَّذِي أَنْقَضَ ظَهْرَكَ (٣)

3. The which did gall thy back? --

وَرَفَعْنَا لَكَ ذِكْرَكَ (٤)

4. And raised high the esteem (in which) thou (art held)? --

فَإِنَّ مَعَ الْعُسْرِ يُسْرًا (٥)

5. So, verily, with every difficulty, there is relief:

إِنَّ مَعَ الْعُسْرِ يُسْرًا (٦)

6. Verily, with every difficulty there is relief.

فَإِذَا فَرَغْتَ فَانصَبْ (٧)

7. Therefore, when thou art free (from thine immediate task), still labor hard,

وَالِى رَبِّكَ فَارْغَبْ (٨)

8. And to thy Lord turn (all) thy attention.

