

وَسَبِّحْ بِحَمْدِ رَبِّكَ حِينَ تَقُومُ

And glorify the Praises of your Lord when you get up from sleep.

Al Tur (The Mount)

In the name of Allah, Most Gracious, Most Merciful

وَالطُّورِ (١)

1. By the Mount;

وَكِتَابٍ مَّسْطُورٍ (٢)

2. And by the Book Inscribed.

فِي رَقٍّ مَّنْشُورٍ (٣)

3. In parchment unrolled.

وَالْبَيْتِ الْمَعْمُورِ (٤)

4. And by the **Bait-ul-Ma'mûr**

(the house over the heavens parable to the Ka'bah at Makkah, continuously visited by the angels);

وَالسَّقْفِ الْمَرْفُوعِ (٥)

5. And by the roof raised high (i.e. the heaven).

وَالْبَحْرِ الْمَسْجُورِ (٦)

6. And by the sea kept filled (or it will be fire kindled on the Day of Resurrection).

إِنَّ عَذَابَ رَبِّكَ لَوَاقِعٌ (٧)

7. Verily, the Torment of your Lord will surely come to pass,

مَا لَهُ مِنْ دَافِعٍ (٨)

8. There is none that can avert it;

يَوْمَ تَمُورُ السَّمَاءُ مَوْرًا (٩)

9. On the Day when the heaven will shake with a dreadful shaking,

وَتَسِيرُ الْجِبَالُ سَيْرًا (١٠)

10. And the mountains will move away with a (horrible) movement.

فَوَيْلٌ لِلْيَوْمَنِذِرِ لِلْمُكَذِّبِينَ (١١)

11. Then woe that Day to the beliers;

الَّذِينَ هُمْ فِي خَوْضٍ يَلْعَبُونَ (١٢)

12. Who are playing in falsehood .

يَوْمَ يُدْعَوْنَ إِلَى نَارٍ جَهَنَّمَ دَعَاً (١٣)

13. The Day when they will be pushed down by force to the Fire of Hell, with a horrible, forceful pushing.

هَذِهِ النَّارُ الَّتِي كُنْتُمْ بِهَا تُكَذِّبُونَ (١٤)

14. This is the Fire which you used to belie.

أَفَسِحْرٌ هَذَا أَمْ أَنْتُمْ لَا تُبْصِرُونَ (١٥)

15. Is this magic, or do you not see?

اصْلَوْهَا فَاصْبِرُوا أَوْ لَا تَصْبِرُوا سَوَاءٌ عَلَيْكُمْ

16. Taste you therein its heat, and whether you are patient of it or impatient of it, it is all the same.

إِنَّمَا تُجْزَوْنَ مَا كُنْتُمْ تَعْمَلُونَ (١٦)

You are only being requited for what you used to do.

إِنَّ الْمُتَّقِينَ فِي جَنَّاتٍ وَنَعِيمٍ (١٧)

17. Verily, the **Muttaqûn** (pious - see v.2:2) will be in Gardens (Paradise), and Delight.

فَاكْهَيْنَ بِمَا آتَاهُمْ رَبُّهُمْ وَوَقَاهُمْ رَبُّهُمْ عَذَابَ الْجَحِيمِ (١٨)

18. Enjoying in that which their Lord has bestowed on them, and (the fact that) their Lord saved them from the torment of the blazing Fire.

كُلُوا وَاشْرَبُوا هَنِيئًا بِمَا كُنْتُمْ تَعْمَلُونَ (١٩)

19. "Eat and drink with happiness because of what you used to do."

مُتَّكِنِينَ عَلَى سُرُرٍ مَّصْفُوفَةٍ

20. They will recline (with ease) on thrones arranged in ranks.

وَزَوَّجْنَاَهُمْ بِحُورٍ عِينٍ (٢٠)

And We shall marry them to **Houris** (female, fair ones) with wide lovely eyes.

وَالَّذِينَ آمَنُوا وَاتَّبَعَتْهُمْ ذُرِّيَّتُهُمْ بِإِيمَانٍ أَلْحَقْنَا بِهِمْ ذُرِّيَّتَهُمْ

21. And those who believe and whose offspring follow them in Faith, to them shall We join their offspring,

وَمَا أَلْتَنَاهُمْ مِنْ عَمَلِهِمْ مِنْ شَيْءٍ

and We shall not decrease the reward of their deeds in anything.

كُلُّ امْرِئٍ بِمَا كَسَبَ رَهِينٌ (٢١)

Every person is a pledge for that which he has earned.

وَأَمَدَدْنَاهُمْ بِفَاكِهَةٍ وَلَحْمٍ مِّمَّا يَشْتَهُونَ (٢٢)

22. And We shall provide them with fruit and meat, such as they desire.

يَتَنَازَعُونَ فِيهَا كَأْسًا لَّا لَغْوٌ فِيهَا وَلَا تَأْثِيمٌ (٢٣)

23. There they shall pass from hand to hand a (wine) cup, free from any **Laghw** (dirty, false, evil vague talk between them), and free from sin (because it will be legal for them to drink).

وَيَطُوفُ عَلَيْهِمْ غِلْمَانٌ لَهُمْ كَأَنَّهُمْ لُؤْلُؤٌ مَّكْنُونٌ (٢٤)

24. And there will go round boy-servants of theirs, to serve them as if they were preserved pearls.

وَأَقْبَلَ بَعْضُهُمْ عَلَى بَعْضٍ يَتَسَاءَلُونَ (٢٥)

25. And some of them draw near to others, questioning.

قَالُوا إِنَّا كُنَّا قَبْلُ فِي أَهْلِنَا مُشْفِقِينَ (٢٦)

26. Saying:

"Aforetime, we were afraid with our families (from the punishment of Allâh).

فَمَنَّ اللَّهُ عَلَيْنَا وَوَقَانَا عَذَابَ السَّمُومِ (٢٧)

27. "But Allâh has been gracious to us, and has saved us from the torment of the Fire.

إِنَّا كُنَّا مِنْ قَبْلُ نَدْعُوهُ

28. "Verily, We used to invoke Him (Alone and none else) before.

إِنَّهُ هُوَ الْبَرُّ الرَّحِيمُ (٢٨)

Verily, He is **AlBarr** (the Most Subtle, Kind, Courteous, and Generous), the Most Merciful."

فَذَكِّرْ فَمَا أَنْتَ بِنِعْمَتِ رَبِّكَ بِكَاهِنٍ وَلَا مَجْنُونٍ (٢٩)

29. Therefore, remind and preach (mankind, O Muhammad SAW of Islâmic Monotheism).

By the Grace of Allâh, you are neither a soothsayer, nor a madman.

أَمْ يَقُولُونَ شَاعِرٌ نَّتَرَبَّصُ بِهِ رَيْبَ الْمُنُونِ (٣٠)

30. Or do they say:

"(Muhammad SAW is) a poet! We await for him some calamity by time!"

قُلْ تَرَبَّصُوا فَإِنِّي مَعَكُمْ مِنَ الْمُتَرَبِّصِينَ (٣١)

31. Say (O Muhammad SAW to them):

"Wait! I am with you, among the waiters!"

أَمْ تَأْمُرُهُمْ أَحْلَامُهُمْ بِهَذَا أَمْ هُمْ قَوْمٌ طَاعُونَ (٣٢)

32. Do their minds command them this [i.e. to tell a lie against you (Muhammad SAW)] or are they people exceeding the bounds (i.e. from Belief in Allâh to disbelief).

أَمْ يَقُولُونَ تَقَوَّلَهُ بَلْ لَّا يُؤْمِنُونَ (٣٣)

33. Or do they say: "He (Muhammad) has forged it (this Qur'ân)?"

Nay!

They believe not!

فَلْيَأْتُوا بِحَدِيثٍ مِّثْلِهِ إِنْ كَانُوا صَادِقِينَ (٣٤)

34. Let them then produce a recital like unto it (the Qur'ân) if they are truthful.

أَمْ خُلِقُوا مِنْ غَيْرِ شَيْءٍ أَمْ هُمُ الْخَالِقُونَ (٣٥)

35. Were they created by nothing, or were they themselves the creators?

أَمْ خَلَقُوا السَّمَاوَاتِ وَالْأَرْضَ بَلْ لَّا يُوقِنُونَ (٣٦)

36. Or did they create the heavens and the earth?

Nay,

but they have no firm Belief.

أَمْ عِنْدَهُمْ خَزَائِنُ رَبِّكَ أَمْ هُمُ الْمُصَيِّرُونَ (٣٧)

37. Or are with them the treasures of your Lord?

Or are they the tyrants with the authority to do as they like?

أَمْ لَهُمْ سُلَّمٌ يَسْتَمِعُونَ فِيهِ

38. Or have they a stairway (to heaven), by means of which they listen (to the talks of the angels)?

فَلْيَأْتِ مُسْتَمِعُهُمْ بِسُلْطَانٍ مُبِينٍ (٣٨)

Then let their listener produce some manifest proof.

أَمْ لَهُ الْبَنَاتُ وَلَكُمْ الْبُتُونَ (٣٩)

39. Or has He (Allâh) only daughters and you have sons?

أَمْ تَسْأَلُهُمْ أَجْرًا فَهُمْ مِنْ مَّعْرَمٍ مَثْقُلُونَ (٤٠)

40. Or is it that you (O Muhammad SAW) ask a wage from them (for your preaching of Islâmic Monotheism) so that they are burdened with a load of debt?

أَمْ عِنْدَهُمُ الْغَيْبُ فَهُمْ يَكْتُبُونَ (٤١)

41. Or that the Ghaib (unseen) is with them, and they write it down?

أَمْ يُرِيدُونَ كَيْدًا

42. Or do they intend a plot (against you O Muhammad SAW)?

فَالَّذِينَ كَفَرُوا هُمُ الْمَكِيدُونَ (٤٢)

But those who disbelieve (in the Oneness of Allâh Islâmic Monotheism) are themselves in a plot!

أَمْ لَهُمْ إِلَهٌ غَيْرُ اللَّهِ

43. Or have they an **ilâh** (a god) other than Allâh?

سُبْحَانَ اللَّهِ عَمَّا يُشْرِكُونَ (٤٣)

Glorified be Allâh from all that they ascribe as partners (to Him)

وَأِنْ يَرَوْا كِسْفًا مِّنَ السَّمَاءِ سَاقِطًا يَقُولُوا سَحَابٌ مَّرْكُومٌ (٤٤)

44. And if they were to see a piece of the heaven falling down, they would say:

"Clouds gathered in heaps!"

فَذَرُهُمْ حَتَّىٰ يُلَاقُوا يَوْمَهُمُ الَّذِي فِيهِ يُصْعَقُونَ (٤٥)

45. So leave them alone till they meet their Day, in which they will sink into a fainting (with horror).

يَوْمَ لَا يُغْنِي عَنْهُمْ كَيْدُهُمْ شَيْئًا وَلَا هُمْ يُنصَرُونَ (٤٦)

46. The Day when their plotting shall not avail them at all nor will they be helped (i.e. they will receive their torment in Hell).

وَإِنَّ لِلَّذِينَ ظَلَمُوا عَذَابًا دُونَ ذَلِكَ وَلَكِنَّ أَكْثَرَهُمْ لَا يَعْلَمُونَ (٤٧)

47. And verily, for those who do wrong, there is another punishment (i.e. the torment in this world and in their graves) before this, but most of them know not..

[Tafsir At-Tabari.]

وَاصْبِرْ لِحُكْمِ رَبِّكَ فَإِنَّكَ بِأَعْيُنِنَا

48. So wait patiently (O Muhammad SAW) for the Decision of your Lord, for verily, you are under Our Eyes ,

وَسَبِّحْ بِحَمْدِ رَبِّكَ حِينَ تَقُومُ (٤٨)

and glorify the Praises of your Lord when you get up from sleep.

وَمِنَ اللَّيْلِ فَسَبِّحْهُ وَإِدْبَارَ النُّجُومِ (٤٩)

49. And in the night-time, also glorify His Praises, and at the setting of the stars.



© Copy Rights:

Zahid Javed Rana, Abid Javed Rana

Lahore, Pakistan

www.quran4u.com